

## BEAUTY ANALYSIS

Circle the number that best represents how you are doing in each of the following areas. Zero represents failure in that area. Nine means that you are having habitual success. Be honest with yourself and God. Thank God for the areas in which you are having success and select one or two areas where you want to begin letting God change you. What are some simple steps you could take?

**LOVE:** I consistently sense and am grateful that God has demonstrated His deep love for me. I am amazed that God would love me so much that He would send His One and only Son to rescue me. There are moments when I am overwhelmed by God's love.

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**LOVE:** I am growing in my love for people. I am deeply concerned about people around me who are disconnected from God. I am making sacrificial commitments of time and money to reach them.

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**LOVE:** I search out opportunities to care for people around me. I ask God to regularly guide me so that the people I work with and live with, feel, sense and know that I genuinely care. I am passionate about living out the instructions of 1 Corinthians 13. My love is more than a feeling, it is leading me to daily action.

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**JOY:** My life is filled with contented joy. I live with a wonderful sense of destiny and joyful purpose, in simple reliance on God. I love who I am and where I am at now in following God's will. I'm free from fretting, worry or anxiety about the future. I find myself being grateful more often than not.

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**PEACE:** I trust God's plan and purpose in my life. Even when things are not going well, I have a confidence that somehow God's plan will prevail. I can sleep well at night, trusting in God.

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**PEACE:** I am consistently living at peace with myself and others. I am a person of peace. I do not contribute to dissention.

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**PATIENCE:** I am not always in a hurry, but am patient with God's plan and with other people. When irritations or inconveniences come my way, I don't lose my cool.

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**KINDNESS:** I treat others with respect and dignity. I go out of my way to demonstrate kindness to others, letting people know they are highly valued by God.

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**GOODNESS:** My life is filled with the goodness of God. I live with integrity and am intentionally seeking to not be conformed to the values of this world. I am growing in taking on the values and priorities of Christ.

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**GOODNESS:** My yes is yes, my 200 is 200, my ten-point buck is a ten-point buck. I avoid half-truths, white-lies, flattery or exaggeration. I practice honesty in speech.

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**GENTLENESS:** My life is free from outbursts of selfish anger or rage. I am approachable, quiet in spirit, open to criticism and don't get defensive when I am corrected or rebuked.

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**FAITHFULNESS:** It is normal for me to hang in there when things get difficult, stressful, and unrewarding. My persistence keeps me from giving up too easily. I keep on keeping on.

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**FAITHFULNESS:** People know that they can count on me. When I promise something or commit to do something, they don't need to worry whether I will come through.

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**SELF-CONTROL – WORDS:** I abstain from slander, gossip, harshness, obscenity, foolish talk and coarse joking. I use my tongue to build others up, giving words of encouragement, comfort, help, inspiration and challenge. My tongue is under the control of God's Spirit.

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**SELF-CONTROL – USE OF TIME:** I'm a good steward of my time. I live close enough to Christ that His priorities are becoming my priorities and I do not waste too much time. I keep time investments with God and my family as top priorities.

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**SELF-CONTROL – GUARDING THE GATE:** I carefully guard what I allow to enter my mind through the gate of my eyes, avoiding questionable movies, magazines, television and internet sites that could cause me problems.

0 1 2 3 4 5 6 7 8 9

**SELF-CONTROL – FITNESS:** I discipline myself to keep my body in condition recognizing that it is the temple of the Holy Spirit.

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