

Four Spiritual Practices Survey

Answer the following questions by marking where you feel you are on the road to spiritual maturity in each of the four core areas of our relationship with God.

Score your answer with:

- 1 = New Idea
- 2 = Getting going
- 3 = Forwards and backwards progress
- 4 = Growing consistently
- 5 = Well Developed

IA. Connecting with God

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|----|--|---|---|---|---|---|
| 1. | I am experiencing more of the presence and power of God in my life everyday. | 1 | 2 | 3 | 4 | 5 |
| 2. | I am deepening my understanding of and friendship with God | 1 | 2 | 3 | 4 | 5 |
| 3. | I maintain a regular habit of prayer and reading God's word. | 1 | 2 | 3 | 4 | 5 |
| 4. | I am seeking to please God by turning over every area of my life (health, decisions, finances, relationships, future...) to Him. | 1 | 2 | 3 | 4 | 5 |
| 5. | I am rarely anxious or worried because I know God is consistently at work for good in my life and in the world around me. | 1 | 2 | 3 | 4 | 5 |

IB. Connecting with Others

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|----|--|---|---|---|---|---|
| 1. | I am regularly attending services each weekend. | 1 | 2 | 3 | 4 | 5 |
| 2. | I am making an effort to build relationships with others in the church | 1 | 2 | 3 | 4 | 5 |
| 3. | I am growing in my ability both to share and to show my love to others. | 1 | 2 | 3 | 4 | 5 |
| 4. | I am willing to share my real needs for prayer and support from others. | 1 | 2 | 3 | 4 | 5 |
| 5. | I am resolving conflict constructively and am willing to forgive others. | 1 | 2 | 3 | 4 | 5 |

II. Growing in Your Spiritual Journey

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|----|--|---|---|---|---|---|
| 1. | I have a growing relationship with God through regular time in the Bible and Prayer | 1 | 2 | 3 | 4 | 5 |
| 2. | I am experiencing more of the characteristics of Jesus Christ (Love, patience, gentleness, courage, self-control...) in my life. | 1 | 2 | 3 | 4 | 5 |
| 3. | I am avoiding addictive behaviors (food, television, busyness, alcohol...) to meet my needs. | 1 | 2 | 3 | 4 | 5 |
| 4. | I am spending time with a Christian friend (spiritual partner) who celebrates and challenges my spiritual growth. | 1 | 2 | 3 | 4 | 5 |
| 5. | I am regularly involved in the study of God's word. | 1 | 2 | 3 | 4 | 5 |

III. Investing in the Kingdom of God

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|----|--|---|---|---|---|---|
| 1. | I have discovered and am further developing who God has created me to be. | 1 | 2 | 3 | 4 | 5 |
| 2. | I am regularly praying for God to show me opportunities to serve him and others. | 1 | 2 | 3 | 4 | 5 |
| 3. | I am serving in a regular (once a month or more) ministry in the church or community. | 1 | 2 | 3 | 4 | 5 |
| 4. | I am taking steps to manage my finances in a way that allows me to give cheerfully and freely to Kingdom work. | 1 | 2 | 3 | 4 | 5 |
| 5. | I look for ways to serve God within my family, my neighborhood, school or workplace | 1 | 2 | 3 | 4 | 5 |

IV. Inviting others to know Christ

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|----|---|---|---|---|---|---|
| 1. | I am cultivating relationships with non-Christians and praying for God to give me natural opportunities to share his love with them. | 1 | 2 | 3 | 4 | 5 |
| 2. | I am praying and learning about where God can work through my life personally or through the gifts I give within other cultures or nations. | 1 | 2 | 3 | 4 | 5 |
| 3. | I am investing my time in another person or group who needs to know Christ. | 1 | 2 | 3 | 4 | 5 |
| 4. | I am regularly inviting unchurched or unconnected friends to church services or other activities. | 1 | 2 | 3 | 4 | 5 |
| 5. | I could tell anyone who asked why God is important in my life | 1 | 2 | 3 | 4 | 5 |